

## **Friendly Knots**

Everyone stands in a circle in an open space. Each person reaches across the circle and holds hands with someone. Then with your remaining hand take a different persons free hand so that there are no free hands left. Now the entire group needs to untangle and form a circle without anyone letting go of the hands they are holding. Some people will end up facing outwards instead of in.

If you have a lot of people, divide into smaller groups and see which group can untangle themselves the fastest.

## **Hula Hoop Pass**

Everyone stands in a circle and holds hands with the people next to them. One person slips a hula hoop over their hand first before joining hands. Now pass the hula hoop around the circle without letting go of anyone's hands. This is really fun when you have a mix of kids and adults in the circle.

## **No Laughing**

How long can you keep a straight face? Choose someone to go first. Without making any sound, they walk around the circle making the craziest face possible. Keep going until everyone has laughed or at least smiled. The last person to give in and laugh goes next.